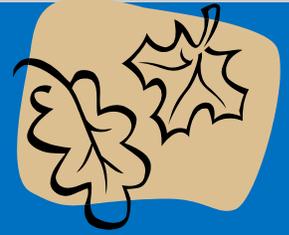




Tiger Talk

Motto: Got GRIT?



Goal Setting; Resilience, Initiative; Tenacity

Important Dates:

10/1 Minimum Day-
7:50-12:45

10/3 Fall Pictures

10/4 Cross Country Meet @
SM, Kona Ice will be here

10/5 4th Grade & SDC to Red
Bluff Diversion Dam

10/8 No School Staff Develop-
ment Day

10/9 PTO Meeting @ 6:30pm in
the Library

10/10 Walk to School Day

10/11 Cross Country Meet @
AM

10/15 Soccer Tryouts after
school

10/17 Hero Assembly @ 8:30

10/18 Kinders to Hawes Pum-
kin Patch

10/18 Cross Country Meet @
BC

10/23 Caught Being Good
Luncheon

10/24 Parent Café 5:30pm

10/29-11/2 Red Ribbon Week

10/29 Awards Assembly K-2 @
12:15, 3-5 @ 1

11/2 PTO Carnival 6-8pm

Shasta Meadows Elementary

October 2018

Principally Speaking

Dear Families,

Technology, the internet, online gaming, texting, email, instant messaging, Snapchat, Instagram (I could go on and on) are a part of nearly all students' lives today. Even in families where the adults have purposely limited exposure to technology, it is very difficult (if not impossible) to be completely free from it. Because using Chromebooks and educational applications is a part of our EESD educational plan, it is our duty to teach our students to be responsible with technology. Therefore, each year we observe Digital Citizenship Week. This year the dates are October 15th - 19th. During this week, teachers will be instructing students in digital safety and responsibility. Schoolwide, I will be sharing morning messages that promote the safe use of technology, and we will be providing resources for parents both on our website and in this newsletter. As adults, we have to be alert to our children's use of the internet and technology. Kids are naturally adept at using phones, tablets and laptops. Something that would take me hours to research

and learn how to do, they can stumble upon and master in mere moments. Therefore, *my number one tip* is to be present when our children are using devices. Keep technology in the family room or kitchen or wherever you are. Even in cases where kids are accidentally exposed to inappropriate content, if you are nearby and aware, you can quickly step in and limit that exposure. *The other best tip* that I received (and followed) was to have my children turn off their devices **and place them in my bedroom** at a certain time each night. That way if they received messages in the middle of the night, their sleep wasn't disturbed and I could intervene and let the sender know that in our family, we "shut down" so we can "recharge" for the next day.

Text on, families,
Ms. Gleason



Check us out online!!

Shastameadows.eesd.net

Visiting our Campus

All parents and visitors MUST check in at the office. Thank you for your understanding and cooperation as we work to ensure the safety of our children.

Wellness Policy Reminder

Just a reminder that any child exhibiting the following symptoms will need to remain home:

Fever
Vomiting
Diarrhea

Absences and Attendance

If you have a child that has been out of school, please be sure to call into our Office within 72 hours to report the absence. We are unable to clear any absences after 72 hours (not including weekends).

If you are dropping off your student 30 minutes after the bell for an unexcused reason **OR** picking up your student 30 minutes prior to the end of the day for an unexcused reason, this will count as an absence for your student. This is what is referred to as a Tardy over 30 and is considered an absence by the state.

Excused tardies do not count against your student for perfect attendance. The following are some examples of excused absences or tardies:

Illness
Doctor/Dentist appts
Counseling appts
Death in the family



If you will be out of town for at **least** 5 school days for any reason, please come see Laura Gamsby in the Office to arrange for school work and clearing the days that your student will be out.

Often times our families will receive a letter from the state letting you know that your student has been absent too many times this school year. These are auto generated letters from the state notifying you to be aware of student absences. If a student has been out but the school has not been called, this is an unverified absence and is not excused and does count against your student's attendance.

August Attendance figures: 235 earned a Perfect Attendance ticket out of 382 students !! Great Job!

Sports Corner

1. The Cross Country Team is off and running with 52 kids this year! We have 14 second graders and 12 fourth graders leading the pack!

Because of the smoke we are having a short season with only three races. The first race is here at Shasta Meadows, hosted by SM and Rother! The race will be October 4th at 3:00 Kona Ice will be here as well, so come watch the Tigers run and then enjoy a family treat!

October 11th we run at Alta Mesa, and October 18th we will have our last race at Boulder Creek.

All races and practices may be cancelled due to smoke. If we cancel you will know by noon that day.

2. Lunch Soccer is in full swing with 88 third, fourth and fifth graders participating! Games are held two to four times a week.

3. The 4-5 after school Soccer Team will hold tryouts on October 15. The season starts up October 22. Any girl or boy in the fourth or fifth grade may try out for the team, but only 14 players will be chosen.

We will send home permission slips starting October 1.



Shasta Meadows
2825 Yana Ave
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530-224-4180 (ph)
530-224-4181 (fax)

**shastameadows.eesd.net & follow
us on Facebook at
Shastameadowselementaryschool**

Tshirts and Sweatshirts

T-shirt and Hoodie orders were due 9/28.

We will be submitting our order the week of 9/29. I would expect them mid-late Oct.

T-shirts (not hoodies) are always in stock here at Shasta Meadows. If you missed the ordering window, please see us in the Office to purchase a t-shirt.

Ducky Derby and Other Events

Amazing Ducky Derby response this year! SO FAR, we have sold 824 ducks!!!! This surpasses our 706 ducks from 4 years ago! We still have many tickets out. Highest ever!



We will be celebrating Red Ribbon Week during the last week of October. Look for Red Ribbons and fun dress up spirit days!

Notes will be coming home middle of October.

Lost and Found

We have MANY items in our lost and found waiting to be claimed by their owners. Please encourage your student to go to look for any items that they have misplaced.

We also encourage our parents to label everything. If we find items with names on the tags, we will take them to that student when found. Remember to use first and last names.

News from the Tiger Café



Thank you to all of our Shasta Meadows families for returning your yellow lunch forms. We reached 100% participation!!

This year we are able to provide FREE meals to all of our students here at Shasta Meadows. This includes our breakfast bar and salad bar!

Each year that we return these forms, we have the potential to continue to provide meals to our kiddos at no cost!

Thank you for helping us to keep Shasta Meadows #1!!

Caught Being Good

Each month we select 6 students who were Caught Being Good to attend a luncheon at Hometown Buffet with Ms. Gleason! Our friends for September had a great time! Slushies seem to be the most popular!



**ENTERPRISE ELEMENTARY
SCHOOL DISTRICT
OCTOBER 2018 MENUS**



October 1 Minimum Day Breakfast: Cereal Choice & English Muffin Lunch: Oven Crisp Chicken Drumstick, Mac & Cheese, Green Beans, Fruit or Juice	October 2 Breakfast: Ham & Cheese Croissant Lunch: Whole Grain Corn Dog, or Beef Hot Dog Barbeque Beans, Garden Salad w/Dressing, Fruit	October 3 Breakfast: WG French Toast Sticks Lunch: Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit	October 4 Breakfast: Pan Dulce Lunch: Chili on Chips or Grilled Cheese Sandwich, Vegetables, Fruit	October 5 Breakfast: Breakfast Burrito Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
October 8 NO SCHOOL	October 9 Breakfast: Blueberry Muffin Lunch: : Orange Chicken or Veggie Roll, Brown Rice, Broccoli, Fruit	October 10 Breakfast: Cook's Choice Lunch: Spaghetti w/ Garlic Bread, Garden Salad w/Dressing, Fruit	October 11 Breakfast: Egg, Cheese McMuffin Lunch: Bean Burrito or Beef Taco, Spanish Rice, Fresh Salsa, Fruit	October 12 Breakfast: Yogurt Parfait Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
October 15 Breakfast: Cereal Choice & English Muffin Lunch: Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks	October 16 Breakfast: Sausage Biscuit Lunch: BBQ Rib Sandwich or Baked Potato Bar, Fruit & Vegetable Choices	October 17 Breakfast: Cheese Omelet Lunch: Hamburger w/Lettuce, Pickle & Tomato, Baked Fries, Fruit	October 18 Breakfast: 100% WW Bagel & Cream Cheese Lunch: Turkey w/Gravy, WW Dinner Roll, Mashed Potatoes, Fruit	October 19 Breakfast: Cook's Choice Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
October 22 Breakfast: Cereal Choice & English Muffin Lunch: Oven Crisp Chicken Drumstick, Mac & Cheese, Green Beans, Fruit or Juice	October 23 Breakfast: Ham & Cheese Croissant Lunch: Whole Grain Corn Dog, or Beef Hot Dog, Barbeque Beans, Garden Salad w/Dressing, Fruit	October 24 Breakfast: WG French Toast Sticks Lunch: Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit	October 25 Breakfast: Pan Dulce Lunch: Beef Nachos or Grilled Cheese Sandwich, Vegetables, Fruit	October 26 Breakfast: Breakfast Burrito Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
October 29 Breakfast: Cereal Choice & English Muffin Lunch: Chicken Nuggets, Pan Bread, Baked Beans, Fruit	October 30 Breakfast: Blueberry Muffin Lunch: Orange Chicken or Veggie Roll, Brown Rice, Broccoli, Fruit	October 31 Breakfast: Cook's Choice Lunch: Lasagna w/ Garlic Bread, Garden Salad w/Dressing, Fruit		Daily Breakfast Choices: Cereal, Fruit Daily Lunch Choices: Seasonal, Local Veggies & Salads; Fruit or Juice Assortment

If income changes, apply for Meal Benefits

Parents!!! We have online payment available

<http://eesd.heartlandapps.com/>

Go to www.MySchoolBucks.com

Select: California

Select: Enterprise Elementary School District

Create profile: Name, first & last, email, create password, security questions

Select: school & add student by Student ID #

Add money to account by either Credit/Debit Card or Electronic Check

Please call 224-4100 if you need any assistance!