



Shasta Meadows School

JANUARY 2018 MENUS

January 8 No School Staff Development	January 9 Breakfast: Cereal Choice & English Muffin Lunch: Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks	January 10 Breakfast: Sausage Biscuit Lunch: Chicken Enchiladas or Honey Rib Sandwich, Fruit & Vegetable Choices	January 11 Breakfast: Cheese Omelet Lunch: Chili on Chips, or Fish Treasures. Rice, Veggie Medley, Fruit	January 12 Breakfast: 100% WW Bagel & Cream Cheese Lunch: Hamburger w/Lettuce, Pickle & Tomato, Baked Fries, Fruit Crisp
January 15 No School Martin Luther King Day	January 16 Breakfast: Ham & Cheese Croissant Lunch: Oven Crisp Chicken Drumstick, Cheesy Potatoes, Pan Bread, Fruit or Juice	January 17 Breakfast: WG French Toast Sticks Lunch: Beef Hot Dog or Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit	January 18 Breakfast: Egg , Cheese English Muffin Lunch: Bean Burrito or Beef Taco Boat, Spanish Rice, Fresh Salsa, Fruit	January 19 Breakfast: Biscuits & Gravy Lunch: Pizza Sticks or Cook's Choice, Vegetables with Dip, Fruit
January 22 Breakfast: Cereal Choice & English Muffin Lunch: Chicken Nuggets, Pan Bread, Baked Beans, Fruit	January 23 Breakfast: Blueberry Muffin Lunch: Veggie Roll w/Orange Chicken, Brown Rice , Broccoli, Fruit	January 24 Breakfast: Cook's Choice Lunch: Spaghetti w/ Garlic Bread, Garden Salad w/Dressing, Fruit	January 25 Breakfast: Oatmeal W/Toppings Lunch: Soup and Sandwich Choice, Fruit	January 26 Breakfast: Breakfast Burrito Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
January 29 Breakfast: Cereal Choice & English Muffin Lunch: Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks	January 30 Breakfast: Sausage Biscuit Lunch: Chicken Enchiladas or Honey Rib w/Noodles, Fruit & Vegetable Choices	January 31 Breakfast: Cheese Omelet Lunch: Turkey Gravy, Mashed Potatoes, WW Roll, Fruit	Breakfast: Full pay K-8: \$1.00 Full Paid Week K-8: \$5.00 Reduced daily: \$.25 Reduced week: \$1.25	Lunch prices: Full pay K-5: \$2.00 Full Paid Week K-5: \$10.00 Full pay 6-8: \$2.25 Full Paid Week 6-8: \$11.25 Reduced daily: \$.40 Reduced week: \$2.00



We want to recruit YOU for kitchen sub work. Please call Denise or Cindy at

224-4100

WE WANT YOU!

