



# Tiger Talk

Motto: Got GRIT?

Goal Setting; Resilience, Initiative; Tenacity

## Important Dates:

2/4 Basketball @ SM

2/6 5th Grade to Planetarium

2/6 Basketball @ SM

2/11 Basketball @ M

2/11 PTO Meeting @ 6:30 in the Library

2/13 Basketball @ BC

2/14 Heart -a-Thon

2/17-2/21 NO SCHOOL

2/24 Awards Assembly  
3-5 @ 8:15, K-2 @ 12

2/25 Basketball @ R

2/27 Basketball @ SM

3/2 Dr. Seuss Day

### Minimum Days:

2/3

2/10

2/17-21 NO SCHOOL

2/24

3/2

Shasta Meadows Elementary

February 2020

## Principally Speaking

Dear Families,

January 27 - 31 is officially The Great Kindness Challenge Week. The GKC initiative is a global campaign that promotes kindness in schools. It is a proactive anti-bullying campaign that educators, students, and families can use to create (or in our case, *continue*) a culture of kindness.

Why should we practice kindness? Because, as this young man so articulately shares, you get good at what you practice. I encourage you to watch this 2-minute video in which Sajid Saico reminds us of the power of practice. <https://www.youtube.com/watch?v=kMML1jkBePQ>

At school and in our homes this month, let's practice kindness so we can get good at it.

At school each morning, I will be sharing kindness challenge activities, and I encourage you at home to set your intentions on kindness. Have your family make a list of kind acts, challenge each other to do them and then report at dinner or bed

time on what you did, how it felt, and how others received it. Let's see if we can get as good at kindness as we are at complaining, fault finding, anger, or worry (to use the words of Sajid Saico).

With kind intentions,

*Ms. Gleason*



**Check us out online!!**

**[Shastameadows.eesd.net](http://Shastameadows.eesd.net)**

## Messages to Students

While we are happy to assist with delivering messages to students, we do ask that all messages be called in **NO LATER THAN 30 mins before school is out**. Often children will be on the track, in the gym or with their buddy class and it can take more time to track them down.

## Absences and Tardies

Please remember to call in your student any time they are out of school. It is extremely important to report any absences **within 72 hours**.

## Visiting our Campus

All parents and visitors **MUST** check in at the office. Thank you for your understanding and cooperation as we work to ensure the safety of our children.

## Wellness Policy Reminder

Just a reminder that any child exhibiting the following symptoms will need to remain home:

Fever  
Vomiting  
Diarrhea

## Registration for the 2020/2021 school year

Registration for new students is now open. If you have a kinder or TK to register for the upcoming school year, registration packets can be obtained in the front office.

If you have an incoming kinder or TK student needing after school care, ACE is also now accepting priority registration for those students and their siblings.

Open enrollment for all other ACE applications will be announced at a later date.

We do encourage you to enroll early to secure your spot in ACE and with one of our kinder classes!

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## Sports Corner

Shasta Meadows soccer season has ended and the team had a good season. Now, are into basketball season and the teams are practicing. The first games are on February 4th and 6th, both are home games.

### Sports Dinner:

We will have a sports dinner in May for the soccer, basketball and softball teams.

### Lunch Basketball:

We will be starting a lunchtime intramural basketball league for all 3rd, 4th & 5th grade students once the weather clears up.

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## Yearbooks

Yearbooks are on sale, don't miss your chance to order one before the deadline!!

The last day to order is 4/10/20.

You can order online at [ybpay.lifetouch.com](http://ybpay.lifetouch.com) or by sending in an order form with your student.

Code: 13292420

Order forms were sent home before the break and we will send another form home this month.



**Shasta Meadows**

2825 Yana Ave  
Redding, Ca 96002  
530-224-4180 (ph)  
530-224-4181 (fax)

**Girls Inc.**

Shasta Meadows is excited to announce Girls Inc, a program for girls ages 9-11. This is an 8 week program that will meet here at Shasta Meadows.

Permission slips are available online: [bit.ly/shasta-econ](http://bit.ly/shasta-econ)

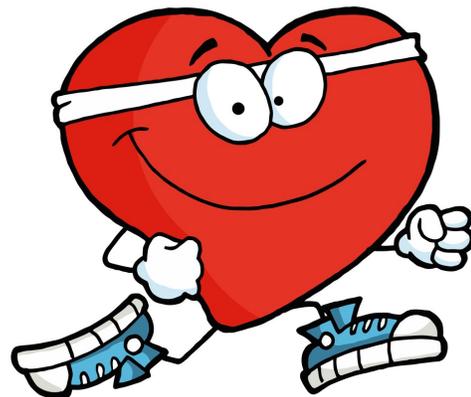
Where: Room 18  
When: Every Monday  
Starts: January 28th

Through this program girls will learn about money and economy, including how to manage, invest and save money. Also, how to help others through philanthropy.



**PTO Heart-a-Thon**

The Heart-a-Thon will be held on Friday, February 14th. There will be information forthcoming on this event, so please be sure to check backpacks and folders!



**shastameadows.eesd.net  
& follow us on Twitter @  
Shasta Meadows**

# EVERY DAY IS A **GREAT DAY TO LEARN**



## Attendance Reminders

There are several days of break in February, so be sure to attend when school is in session.

Consider using some February break time for medical, dental and/or vision appointments.

Strive to arrive on time and attend each day, all day, for best possible academic outcomes.

If your child is absent, find out what was missed from the teacher, and guide your child as he/she completes the assignments.



## Health Reminders

**This is the height of cold and flu season, so keep these healthy tips in mind.**

**Wash your hands regularly.**

**Get plenty of rest each night.**

**Maintain a healthy diet.**

**Exercise regularly.**



## Family Reminders

Have a family meeting to discuss whether morning and evening routines are working; adjust as needed.

Continue to make school attendance a high priority for the family.

Address any barriers to strong school attendance and develop a plan to overcome them.

Maintain engagement with school activities, and encourage your child to get involved in areas of his/her interest.

 **Attend to Achieve**

**REACH HIGHER**  
shasta EVERY STUDENT

**"EVERY STUDENT, EVERY OPTION"**

## BREAKFAST

All breakfasts include fresh fruit, cereal, whole grain toast or English muffin and choice of milk

# FEBRUARY 2020

## ENTERPRISE ELEMENTARY SCHOOL DISTRICT

## LUNCH

All lunches include a salad bar with vegetables and fresh fruits  
Choice of milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast: (Minimum Day) 3</b> Cereal Choice</p> <p><b>Lunch:</b> Chicken Nuggets, Baked Fries, Pan Bread</p>	<p><b>Breakfast:</b> Breakfast Muffin</p> <p><b>Lunch:</b> Teriyaki Beef Fried Rice, Broccoli</p>	<p><b>Breakfast:</b> Oatmeal w/ toppings</p> <p><b>Lunch:</b> Spaghetti &amp; Garlic Bread or Cook's Choice</p>	<p><b>Breakfast:</b> Pancake &amp; Sausage</p> <p><b>Lunch:</b> Bean &amp; Cheese Burrito or Beef Taco</p>	<p><b>Breakfast:</b> Cook's Choice</p> <p><b>Lunch:</b> Pizza or Cook's Choice Dessert</p>
<p><b>Breakfast: (Minimum Day) 10</b> Cereal Choice</p> <p><b>Lunch:</b> Brunch for Lunch! French toast, Sausage, Hash Brown Patty</p>	<p><b>Breakfast:</b> Sausage Biscuit</p> <p><b>Lunch:</b> Chicken Enchilada or Cheese Quesadilla, Spanish Rice</p>	<p><b>Breakfast:</b> Cheese Omelet</p> <p><b>Lunch:</b> Crispy Chicken Sandwich or BBQ Rib Sandwich</p>	<p><b>Breakfast:</b> Bagel &amp; Cream Cheese</p> <p><b>Lunch:</b> Chili &amp; Chips or Beef Hot Dog</p>	<p><b>Breakfast:</b> Breakfast Burrito</p> <p><b>Lunch:</b> Hamburgers</p>
<p>No School President's Day</p>	<p>No School Lincoln's Birthday</p>	<p>No School</p>	<p>No School</p>	<p>No School</p>
<p><b>Breakfast: (Minimum Day) 24</b> Cereal Choice</p> <p><b>Lunch:</b> Whole Grain Turkey Corn Dog Barbeque Beans</p>	<p><b>Breakfast:</b> Ham &amp; Cheese Croissant</p> <p><b>Lunch:</b> Crispy Chicken Drumstick, Mac &amp; Cheese, Green Beans</p>	<p><b>Breakfast:</b> WG French toast Sticks</p> <p><b>Lunch:</b> Hamburger and Baked Fries or Cook's choice</p>	<p><b>Breakfast:</b> Egg &amp; Cheese Muffin</p> <p><b>Lunch:</b> Fish Treasures or Sandwich Choice, Soup</p>	<p><b>Breakfast:</b> Yogurt Parfait</p> <p><b>Lunch:</b> Pizza or Cook's Choice Dessert</p>

MY SCHOOL BUCKS PAY FOR MEALS ONLINE  
MySchoolBucks.com

Menus are subject to change.  
This Institution is an Equal Opportunity Provider

