



Tiger Talk

Motto: Got GRIT?



Goal Setting; Resilience, Initiative; Tenacity

Important Dates:

- 4/1 Minimum Day
- 4/3 4th Grade to Shasta Caverns
- 4/4 2nd Grade to Oak Bottom
- 4/4 5th Grade Wax Museum
- 4/8 Minimum Day
- 4/9 PTO Meeting
- 4/11 5th Grade Health and Development
- 4/15-4/19 Spring Break
- 4/22 School is back in session
- 4/23 Teacher Request form become available
- 4/23 Caught Being Good Luncheon
- 4/23 Softball SM @ R
- 4/24 Spring Pictures
- 4/25 Softball BC @ SM
- 4/25 Room 5 to CV for Sports Day
- 4/29 Minimum Day
- 4/29 Awards Assembly
- 3rd-5th @ 8:15
- K-2nd @ 12:15

Shasta Meadows Elementary

April 2019

Principally Speaking

Hello Families,

In light of the many social media concerns that we see in our world today and how often I help students navigate conflict that arises when they aren't even at school from Instagram, Snapchat, Musically, etc., I wanted to use this month's Tiger Talk forum to share a free resource for parents. The website is smartsocial.com and the moderator is Josh Ochs. This man's website is full of resources to keep you "in the know" and on top of the latest apps your children are using. If you're anything like me, you have a hard time keeping up with what's available and popular. This man makes it his life's mission to know about it all and use his knowledge to help keep children safe. I listened to this free webinar and it was fantastic. Most of it is free, but he does make his living selling books, speaking and selling some of his webinars. What I'm recommending today is at no cost.

Link: <https://smartsocial.com/social-media-webinar/>

Here's a screenshot from almost 8 minutes in when he shared his first helpful tip:



When should I give my kids a cell phone?

Our suggestions:

- **Ages 0-10** - No phone
- **Ages 10-13** - Flip phone (SMS/text, phone calls)
- **Age 13** - Cell phone safety contract
- **Age 14** - Smartphone (without social media apps installed)
- **Age 15** - Smartphone (with social media apps installed)

I hope you find this resource useful. I know it takes time and energy to stay on top of this. I appreciate this website because he does much of the work for me. Wishing you and yours online safety,

Ms. Gleason



Check us out online!!

[Shastameadows.eesd.net](https://shastameadows.eesd.net)

WES Camp

5th grade families, WES Camp is back on the calendar! Lassen Pines and our District's Administration have worked so hard to make this happen for the many schools who were not able to attend their original dates.

The following is the scheduled dates for Shasta Meadows 5th grade students:

Long/Luff	May 6th —10th
Stephenson	May 13th —17th
Brennan	May 20th —24th

A few things to remember as we begin to pack for this adventure:

- ⇒ Label everything!
- ⇒ Make sure everything fits into your bag(s) . No loose items!
- ⇒ Check the packing list to be sure that you haven't missed anything
- ⇒ HAVE FUN!!!!



Visiting our Campus

All parents and visitors MUST check in at the office. Thank you for your understanding and cooperation as we work to ensure the safety of our children.

Wellness Policy Reminder

Just a reminder that any child exhibiting the following symptoms will need to remain home:

Fever
Vomiting
Diarrhea

Box Tops

Don't forget to collect those box tops!

Sports

Basketball

We wrapped up the season on March 14 with a win over Rother. It was a good season and both coaches are looking forward to building on the base we established with the fourth graders this year.

Lunch Basketball

The games are going on as much as possible, as we all dodge the raindrops. Third, fourth and fifth graders are playing.

Girls Softball

The Girls' Softball season has started up, and the team is practicing. Games start the week of April 22. We have 14 girls on the team, and an experienced coach with Ms. Keaton Taylor. She says, "I know these girls from my days working at Shasta Meadows! What a great group!" and it looks like a great season ahead.

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Spring

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**shastameadows.ecsd.net & follow
us on Facebook at
Shastameadowselementaryschool**

IN-N-OUT Burger Reading Reward

IN-N-OUT is offering a free burger to kids ages 4-12 when they have read 5 library books! Forms to sign up are available at your local library. Once signed up, you will receive a reading log to be completed and returned to the Library in exchange for 1 certificate for each 5 books that have been read.

(Informational flyer is attached)

Pennies for Patients

Pennies for Patients kicks off this year the week of 4/1-4/5.

This is a wonderful campaign that we do each year to collect donations for the Leukemia & Lymphoma Society. Each class is given a donation box and students or parents can bring in their spare change (or make a general donation) that is then counted and sent off towards a great cause!

If our school is to raise 750.00, the class who receives the highest donations will receive a pizza or pasta party from Olive Garden! Last year, we were able to raise approx. 1500.00 and our Olive Garden lunch was delicious!

Start gathering that loose change in your couch cushions and in your car and send it with your kiddos starting 4/1!



Caught Being Good

Every month we select 6 students to go to Hometown Buffet with Ms. Gleason for the Caught Being Good luncheon. This month, our 6 kiddos stuffed themselves with yummy food and slushies!!





kids ages 4 to 12
Read five library books and earn
a free hamburger or cheeseburger.

March 2nd - April 13th, 2019

- Kids between the ages of 4 and 12.
- Children too young to participate may participate if a parent reads with them.
- Sign up at the Children's Reference Desk.
- Read five books at the child's reading level and write the titles on the reading log.
- Fill in the titles on the log, and bring the signed reading log to the library.
- For every five books read, receive a Cover to Cover Club Achievement Award worth a free burger.
- Earn up to three award certificates, while supplies last.





**ENTERPRISE
ELEMENTARY
SCHOOL DISTRICT
APRIL 2019 MENU**

April 1 Minimum Day Breakfast: Cereal Choice & English Muffin Lunch: Popcorn Chicken, Mashed Potatoes, w/Gravy, Biscuits, Fruit	April 2 Breakfast: Breakfast Muffin Lunch: Orange Chicken w/ Veggie Roll, Brown Rice, Broccoli, Fruit	April 3 Breakfast: Cook's Choice Lunch: Spaghetti w/ Garlic Bread, Garden Salad w/Dressing, Fruit	April 4 Breakfast: Pan Dulce Lunch: Bean & Cheese Burrito, or Sandwich Choice, Garden salad w/dressing	April 5 Breakfast: Yogurt Parfait Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
April 8 Minimum Day Breakfast: Cereal Choice & English Muffin Lunch: Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks	April 9 Breakfast: Sausage Biscuit Lunch: Chicken Quesadilla or BBQ Rib Sandwich, Fruit & Vegetable Choices	April 10 Breakfast: Cheese Omelet Lunch: Crispy Chicken Sandwich, Baked Fries, Garden Salad w/Dressing, Fruit	April 11 Breakfast: 100% WW Bagel & Cream Cheese Lunch: Chili & Chips or Beef Hot Dog, Garden Salad w/dressing, Fruit	April 12 Breakfast: Breakfast Burrito Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
April 15	April 16	April 17	April 18	April 19
No School Spring Recess				
April 22 Breakfast: Cereal Choice & English Muffin Lunch: Whole Grain Turkey Corn Dog, Barbeque Beans, Garden Salad w/Dressing, Fruit	April 23 Breakfast: Ham & Cheese Croissant Lunch: Oven Crisp Chicken Drumstick, Mac & Cheese, Green Beans, Fruit or Juice	April 24 Breakfast: WG French Toast Sticks Lunch: Hamburger w/Lettuce, Pickle & Tomato, Baked Fries, Garden Salad w/Dressing, Fruit	April 25 Breakfast: Egg, Cheese English Muffin Lunch: Fish Treasures or Beef Taco, Spanish Rice, Fresh Salsa, Fruit	April 26 Breakfast: Cook's Choice Lunch: Pizza or Cook's Choice, Vegetables with Dip, Fruit
April 29 Minimum Day Breakfast: Cereal Choice & English Muffin Lunch: Popcorn Chicken, Mashed Potatoes, w/Gravy, Biscuits, Fruit	April 30 Breakfast: Breakfast Muffin Lunch: Orange Chicken w/ Veggie Roll, Brown Rice, Broccoli, Fruit		Two Choices of Chilled Milk offered Daily at Breakfast & Lunch	Daily Breakfast Choices: Cereal, Fruit Daily Lunch Choices: Various Veggies & Salad Bar, Fruit or Juice Assortment